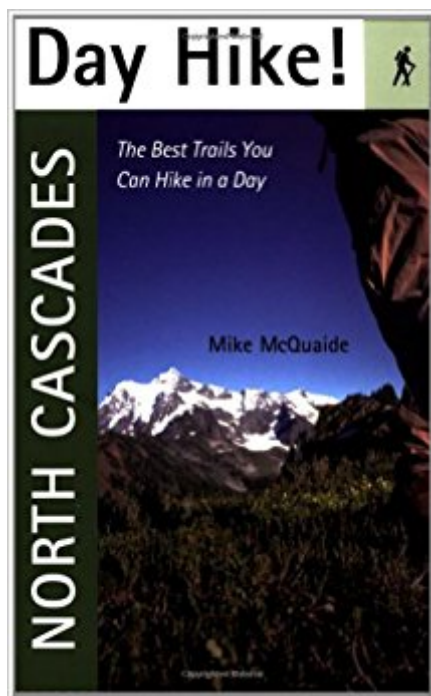


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# Day Hike! North Cascades: The Best Trails You Can Hike In A Day



## Synopsis

Most hiking guides are written by backpackers who occasionally day hike. But most people are day hikers who occasionally backpack! So Sasquatch Books has created a series from the ground up just for them. Written for people who want to get out and sample the vaunted Northwest lifestyle with as little hassle and unpredictability as possible, the fresh style, content, and design will also win sales and loyalty from more experienced hikers. Since the book is organized in the way that people travel -- by major roads and highways -- it's easy to find trails without having to cross-reference three or four different guides. Also included are complete trail descriptions; easy-to-read USGS topo maps with elevation profiles; clear and up-to-date driving directions; overall trail ratings; mileage and estimated hiking time; elevation gain; trail conditions; difficulty level; best season; map references; exploring options; access; permits required; special notes on dogs, bikes, and kids; and where to find more information. A quick-reference chart to season and difficulty level as well as sharp, contemporary black-and-white photographs round out the guide.

## Book Information

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## Customer Reviews

Editorial Review from .com: "Most hiking guides are written by backpackers who occasionally day hike. But most people are day hikers who occasionally backpack! So Sasquatch Books has created a series from the ground up just for them. Written for --This text refers to an out of print or unavailable edition of this title.

Mike McQuaide is a freelance writer and frequent contributor to The Seattle Times. His articles have appeared in Runner's World, Outside, USA Today, Adventure Cyclist, and many other publications and websites. The author of several other hiking books, he --This text refers to an out of print or unavailable edition of this title.

This book gives detailed descriptions of all the main hiking trails within the North Cascades area. In fact, so descriptive, that I feel like I've already taken it. Unfortunately, most of the hikes are at the "difficult" level, which I'm not physically able to do, but in planning what hikes I want to try - I found that the details helped me make up my list and the hikes I took last year were as expected. This book is a great one to keep in your glove box!

There is a lot of useful information in this book very detailed go to deablo wa and camp there there is a free little camp ground right in the middle of the cascades right next to a bridge and in front of a private town owned by the dam.

This is one of the better "Best Trails" books I've purchased. Better details than most.

Good reference for the day hiker and backpackers as well. Many of the documented hikes include references to local camping areas and options for longer, multi-day hikes. Of critical importance to me, the listing for each hike includes accurate and detailed instructions on how to get to the trailhead and which USGS and Green Trails maps are appropriate for the trail. One thing to note is that the ratings (easy, moderate, difficult, etc.) are a suggestion. I went on a hike rated 'moderate' with a group that included some elderly people and some people carrying young children, and even though they were in good condition, they had to turn back. Each listed hike has a graphic indicating elevation gain and gradient -- be sure to consider that if your party has a mixture of capabilities.

I only got to spend a few days in North Cascades Nat'l Park so I had to find a guide that gave me the most bang for my buck. This is the book...One of the most frustrating things when trying to use a hiking guide is finding the trailhead to depart from. Not so with this book. It has good directions to the trails and nice, concise descriptions of the paths you'll be traversing. Two of the author's most recommended hikes (Maple Pass Loop & Cascade Pass) were also recommended by the ranger at the Newhalem Visitors Center. We took their advice and weren't disappointed, fantastic 6.5 to 7.5

mile trails, cool mountain temps and slopes covered with wild blueberries. We tried another trail near Mt. Baker but were turned back after thirty minutes thanks to a washed-out bridge over a raging torrent. That was OK, we used it as an excuse to spend the rainy afternoon enjoying our cozy cabin and its fire. There are some black & white photos in the book that don't do the vistas justice but that's OK. The idea is to get out there and experience the mountains for yourself. Day Hike! North Cascades is a handy and helpful guide for those of us who don't have time to really get into the back country for overnight camping.

I got this book because I read Mike McQuaide's "Trail Running Guide to Western Washington" and thought that anyone who could run more than 50 trails around here had to slow down eventually to write a hiking book. This one is a really good hiking book, too, with quick reference information on each trail at the top of the page. You can get everything you need to know about the hike without reading the whole description. Of course, if you do that, you'll miss some fine writing. This is another one of those new trail guides that provides the kind of information your feet will appreciate most, and there's none of the preaching and reminiscing you find in a lot of those older guides. If you're looking for the best guidebook to the trails of the North Cascades, you don't need to look any more.

I own the authors trail running book and liked it so I bought his new book as soon as it came out. It really fills the void in North Cascade guide books-it covers the Mt. Baker side very nicely, where other books ignore it. A definite must if you hike up here! I've carried it in my pack since I bought it. I like the rating system, the kid guide, the directions, and the topos - I also like that it isn't bulky or heavy. I met Mike McQuaide at a book signing recently - he really loves the trail!

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